PROTOCOLS FOR PRE-DEPARTURE, TRAVEL & ARRIVAL INTO CANADA

The current COVID-19 pandemic as well as travel restrictions and quarantine requirements have resulted in new pre-departure, travel and arrival protocols for international students (new and returning) destined for Canada.

Our priority remains the health and safety of our students, families, and school communities. It is important to note that Canadian educational institutions must follow the regulations and recommendations of various authorities, including the government of Canada, provincial and local public health authorities.

Student Pre-Departure Plan:

1. **Communication and Relationship Building**

   • If you plan to stay with a homestay family, make sure you speak to them about expectations

   • Make sure you are clear about who and where you will be meeting after arriving at the airport

   • Carry your host's cell phone number(s) – this is important for all arrivals

2. **Review information on household isolation and physical distancing**

   • Important information about self-isolation and COVID-19 symptoms:

     Coronavirus Disease (COVID-19) | HealthLink BC

3. **Provide a negative COVID-19 test**

   All air travelers 5 years of age or older must provide proof of a COVID-19 negative molecular test result within 72 hours to the airline prior to boarding international flights bound for Canada.

   For more information about COVID-19 vaccinated travellers entering Canada, click here.

4. **Confirm if you qualify as a fully vaccinated traveler**

   To confirm if you qualify as a fully vaccinated traveller to Canada, please click here.

5. **For unvaccinated children under 12**

   Unvaccinated children less than 12 years of age who enter Canada with their fully vaccinated parents are not required to quarantine upon entering Canada if both the child and parents meet certain requirements in the Quarantine Order and comply with the conditions imposed on them by the Minister of Health. However, unvaccinated children under 12 may not start school until at least 14 days after arrival in Canada. For more information, click here.

6. **Submit arrival plans in ArriveCAN app**

   All travelers will be required to submit their information electronically through ArriveCAN before they board their flight. This includes travel and contact information, quarantine plan, COVID-19 symptom self-assessment, and proof of vaccination (if applicable). Travelers must be ready to show their ArriveCAN receipt. To sign in to ArriveCAN or download the app, please click here.

7. **Packing**

   Students should also bring in their carry-on luggage at least 2 masks, a travel-sized bottle of hand-sanitizer and disinfecting wipes.

   Please also make sure you have the following documents available when you arrive in Canada in your carry-on luggage:

   • Passport
   • A valid study permit or port of entry letter of introduction
   • Custodianship documents
   • Letter of Acceptance from school

- Homestay profile and contact information (if applicable)
- Copy of ArriveCAN receipt, test results, and quarantine plan
- Proof of vaccination (if you qualify as a fully vaccinated traveler)

Student Travel Plan:

While travelling to their destination in Canada, students are expected to:

a. Wear a mask
b. Practice social distancing
c. Wash hands frequently
d. Use hand sanitizer regularly and as necessary
e. Touch as few surfaces as possible
f. Keep their cell phone charged
g. Bring a refillable water bottle

Student Arrival Plan:

Upon arrival in Canada the student should proceed through the airport while maintaining physical distancing. Canada Border Services will ask for the documents outlined under "Packing". The Coquitlam School District has purchased medical insurance for its students to cover them during their studies in Canada.

The student will need to:

a. Text the driver/host to advise the flight has arrived
b. Wear a fresh mask
c. Pick up baggage while maintaining physical distancing
d. Exit the baggage area and go directly to the location previously agreed upon to meet the driver or host family
e. Load his/her own luggage into the car and sit as far away from the driver as possible

1. Arrival testing for vaccinated travelers

If you qualify for the fully vaccinated traveler exemption, you may be exempt from arrival testing. However, you may be randomly selected for mandatory arrival testing. For more information, click here.

2. Arrival testing for unvaccinated travelers

When you enter Canada, you will be instructed to take an arrival COVID-19 Polymerase Chain Reaction (PCR) test before exiting the airport, and another toward the end of your quarantine period.

Quarantine (Self-Isolation) Plan:

As part of the Quarantine Act, all travelers to Canada, regardless of vaccination status, are required to submit a quarantine (self-isolation) plan. If the student does not qualify for the fully vaccinated traveller exemption, they must self-isolate for 14 days. During the self- isolation period, the student should maintain a safe distance from others.

Within 48 hours of entering Canada, travelers must confirm they have arrived at their place of quarantine or isolation through ArriveCAN or by calling the 1-833-641-0343 toll free number. Those in quarantine must complete a daily COVID-19 symptom self-assessment during their quarantine period and take a COVID-19 test on day 8 after arrival.

After the student arrives in Canada, Government of Canada officials will call the student to monitor compliance with the mandatory quarantine. The student must be prepared to answer calls from 1-855-906-5585.

Post-Quarantine/Post-Isolation Period:

The student's parent(s) or custodian will be responsible for the student's compliance with the public health regulations while in Canada. Coquitlam School District will continue to monitor the student's health and safety.

This information is current as of November 15, 2021; however information relating to the COVID-19 pandemic can change rapidly. Please review the links to official Government of Canada sources for the most up-to-date information.